



NGCNA NetSetGO! PROGRAM

NET Tier: 5-6 Years

NET teaches fundamental motor skills through activities and games.

- The NGCNA Net Program is designed for children 5-6 years of age.
- There are two 10-week sessions per year and includes the Crazy Sock NetSetGO! Carnival.
- The program is delivered on Saturdays starting at 10am each week for 1 hour.
- Sessions are led by friendly and trained NGCNA coaches with assistants from participating clubs.
- No club affiliation is required. Participants register to NGCNA
- No uniform is required. Participants can wear their NSG shirt or any appropriate sporting attire.
- All equipment is provided by NGCNA and is specially designed for children.

What is the NGCNA Net Program for U5 - U6?

Woolworths NetSetGO! is Australia's top grassroots netball program, designed to introduce kids to the fun of netball in a safe, supportive environment. Our goal is to help kids build confidence, stay active, and develop a love for team sports, all while learning essential skills.

NGCNA is a registered Woolworths NetSetGO! Centre and follows the guidelines as set by Netball Australia. Each session is packed with fun activities, games, and modified match play to develop motor skills. Sessions are led by trained coaches, using kid-friendly equipment like shorter goal posts and soft touch balls.

In the Net Tier, children are introduced to the basics of netball through fun, simple activities that keep them moving and engaged - all while making some new friends along the way.

NGCNA offers two 10-week Net Programs each year. Both intakes offer the same program, so there's no need to enrol in both. Check our website calendar for dates. Registration is directly with NGCNA, no club affiliation is required, and you can register online through our website.

The registration fee includes a size 4 NetSetGO! netball, a key ring, a Suncorp Super Netball (SSN) branded t-shirt with the option to choose their team colours. The selection is completed during the registration process and the products are emailed to the home address listed in NetballConnect.

Participants are also invited to the NGCNA NetSetGO! Crazy Sock Carnival in August. This fun-filled day has netball games, a jumping castle, tug-o-war, and prizes for the best crazy socks. It's also an opportunity for U6 parents to meet representatives from our affiliated clubs, making the process of selecting a club for U7 easier.

Who do I contact for further information?

For all enquiries regarding the NGCNA NetSetGO! Program, you can email ngcnanetsetgo@gmail.com