



# **NGCNA NetSetGO PROGRAM**

## **NET Tier: 6 years**

**NET teaches fundamental motor skills through music, activities and games.**

- The NGCNA NetSetGO Program - Net Tier is designed for children 6 years of age.
- The program is delivered on Saturdays over 10 rounds starting at 9am each week for 1 hour.
- Sessions are led by friendly and trained NGCNA coaches with assistants from participating clubs.
- Teams are not required. Participants are to be registered to a club and all clubs are welcome.
- No uniform is required. Participants can wear their NSG shirt or any appropriate sporting attire.
- All equipment is provided by NGCNA and is specially designed for children.

**Who do I contact for further information?**

For all enquiries regarding the NGCNA NetSetGO Program, you can email [ngcnanetsetgo@gmail.com](mailto:ngcnanetsetgo@gmail.com)